



HANDS ON
TECHNOLOGY

Best Practice Tips: FLL Alumni Video

- Please send in max. 2 minute video! Really not longer! We mean it!
- Music in the background is not necessary - your presence is enough 😊
- Please answer in complete sentences 😊 Take some time in advance to think about what to say.
- This kind of video is done fast! You can easily use your lunch break to record it e.g. in your fascinating work environment.
- You can use your smart phone camera (or something similar) which should be placed somewhere stationary (e.g. lead to a cup or if available on a stand). So if possible do not record holding it shaky in your hand.
- Please shoot from the hip upwards – so something from the room around you can be seen. Always use horizontal not vertical mode.
- Your film will be edited. In the completed film we will display the questions between your answer – so take your time or stopp inbetween.
- You do not have to say who you are in your film, this will be done via display as well. Just give a short break down of who you are in the email you send us the video with (your name, your age and your current status e.g. student, intern, profession etc.).
- As additional information you may also state your FLL successes via e-mail. Please do not tell this while answering the video questions. Topic of the film is how FLL helped you finding professional orientation.
- Here are again the questions to answer:
 - + What funny anecdote from FLL do you remember best?
 - + What did you learn within FLL still bringing you forward in your life?
 - + What are you doing today professionally (shortly describe your career)?
- Please do not forget: 2 minutes only and always 😊
- If you have question: ask us info@hands-on-technology.org.